

# **GOODLIFE PHYSICAL MEDICINE**



Personal Injury



( ) Worker's Compensation

Goodlife is a Multidisciplinary Medical Clinic

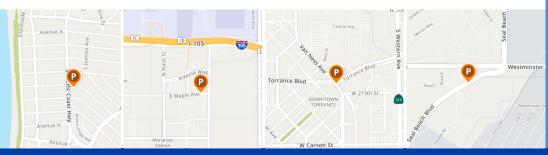
We are a group composed of licensed health care providers with varied but complementary education, experience, qualifications, and skills that contribute to the achievement of patients' increased overall full-body wellness.

Goodlife is an Integrated Medical Clinic

Integrative medicine combines modern medicine with established complementary and alternative practice. Goodlife integrates modern medicine along with chiropractic care, physical therapy and massage therapy.

Our integrative approach allows patients to be educated about their treatment options and to have the peace of mind of knowing they have a team of experts working together for the benefit of their best interest. Goodife's approach focuses on using the most conservative, non-invasive approaches with the goal of preventing unnecessary surgeries, use of pain medicine, or other invasive procedures.

Goodlife's goal is leading the way into changing our healthcare system to a better, healthier, and more conservative model. Unlike most doctors' offices, we utilize holistic and natural healing methods first. In certain cases, it is necessary to help decrease a patient's pain level before trying to rehab and strengthen their injured joint. We pride ourselves on giving our patients options and education, so that they can make an informed decision on the care given to their body. It is not in our philosophy to simply mask our patients' pain with invasive medications, such as Vicodin, Morphine, or Percocet.





# REDONDO BEACH

1300 S. Pacific Coast Hwy, Suite 201 Redondo Beach CA. 90277

**Pain Management** 

To schedule, please call:

(424) 253-0622

## **EL SEGUNDO**

2218 E. Maple Ave. El Segundo, CA 90245

Chiropractic

To schedule, please call:

(424) 320-3058

### **TORRANCE**

1231 Cabrillo Ave, Suite 205 Torrance, CA 90501

Chiropractic

To schedule, please call:

(310) 734-4326

### SEAL BEACH

2365 Seal Beach Blvd, Suite 101. Seal Beach, CA 90740

Chiropractic

To schedule, please call:

(562) 378-6642